



Walking by Faith in Challenging Times

In the midst of global uncertainties and personal battles, faith serves as a cornerstone for navigating life's challenges.

For those who follow Christ, walking by faith is not merely an abstract concept—it is a **daily practice** rooted in trust, boldness, and peace.

As we face tumultuous times in our country and around the world, the call to live by faith becomes more critical than ever.

Faith as a Foundation

Faith is not just a **belief system**; it is a **way of life**. Scripture provides clear guidance on how to walk by faith in a way that honors and glorifies God.

Jesus Himself emphasized the importance of bearing fruit through faith, as seen in **John 15:8**: “By this my Father is glorified, that you bear much fruit and so prove to be my disciples.”

Walking by faith allows believers to overcome challenges (**John 16:33**), live victoriously (**1 Corinthians 15:57-58**), and offer hope to those who feel hopeless (**1 Peter 1:3-4**). It also calls us to emulate the excellent character of Jesus in our daily interactions (**1 Peter 2:18-23**).

Addressing Doubt and Fear

Doubt and **fear** are two obstacles that often hinder believers from fully walking in faith. While fear is frequently discussed, **doubt is the first challenge**.

The **root of doubt** can be traced back to the very beginning, as seen in **Genesis 3:1** when the serpent **introduced doubt** into Eve's mind. Even for those who have accepted Christ, doubt can creep in when faith is not fully developed or maintained.

Romans 12:3 reminds us that every believer has been given a **measure of faith** by God. However, this faith must be nurtured and strengthened. As **2 Corinthians 5:7** states, believers are called to “walk by faith, not by sight.”

When we fail to trust fully in God's promises, doubt, fear, and worry can take hold (**Romans 4:20-21**). The antidote to this is cultivating what some refer to as the “**God kind of faith**,” which keeps doubt, fear, and worry at bay (**Mark 11:22-26**).

The Source of Faith

Faith is not something we can muster on our own; it comes through Jesus Christ. As **John 3:3** and **Ephesians 2:8-9** explain, faith is a gift from God that begins when a person is **born again**.

This transformative experience allows believers to trust in God's promises and live with confidence in His sovereignty.

However, maintaining a high level of faith requires intentionality. **Romans 10:17** teaches us that “faith comes by hearing, and hearing by the word of God.”

Regular exposure to God's Word—whether through reading, preaching, or teaching—fortifies our **faith** and equips us to **overcome** doubt, fear, and worry.

Overcoming Fear Through Faith

Fear is an ever-present force in the world, but it does not have to dominate our lives. As believers, we are reminded in **1 John 5:4** (NKJV): “For whatever is born of God overcomes the world. And this is the victory that has overcome the world—**our faith**.”

This verse underscores the **power of faith** to triumph over worldly challenges.

While fear may attack us, a **robust faith** enables us to stand firm. It is important to recognize that overcoming fear is not a one-time event but an ongoing **process**.

By maintaining a **high level of faith**, believers can face life's uncertainties with courage and confidence.

Keep in mind, as we **maintain** and **develop** our **faith**, we strengthen our **shield of faith!**
Ephesians 6:16

Practical Steps for Walking by Faith

Walking by faith requires **both spiritual discipline** and **practical action**.

Here are some key steps to help believers strengthen their faith:

1. Immerse Yourself in God's Word

Faith grows when we hear God's Word preached and taught accurately. Make it a priority to regularly study Scripture and apply its principles to your life.

2. Focus on Jesus

In a world filled with negativity and fear, it is crucial to keep your eyes fixed on Jesus rather than on the voices of doubt and worry. Remember His promises and His power.

3. Be Part of the Solution

Instead of contributing to fear or negativity, strive to be a source of encouragement and hope for others. Let your words and actions reflect your trust in God.

4. Memorize Scripture

Internalizing God's Word equips you to combat doubt, fear, and worry when they arise. Verses like **Mark 5:36**—"Do not be seized with alarm and struck with fear; only keep on believing"—serve as powerful reminders to trust in God's sovereignty.

It would be wise to develop an **effective memory verse arsenal**. (*See link below*)

5. Visualize God's Greatness

When faced with challenges, remind yourself that God is greater than any problem you may encounter. His power transcends all circumstances, seen or unseen.

6. Act with Initiative

Take proactive steps to strengthen your faith before challenges arise. **Romans 12:21** encourages us to "overcome evil with good." By preparing ourselves spiritually, we can respond to difficulties with grace and confidence.

7. Walk by Faith, Not by Sight

Trusting in what we cannot see requires courage, but it also brings peace. As **2 Corinthians 5:7** reminds us, our walk with Christ is rooted in faith rather than visible circumstances.

A Call to Action

As believers, we are called to live lives marked by unwavering faith. This involves not only trusting in God's promises but also actively working to strengthen our relationship with Him.

In doing so, we become better equipped to face life's challenges and serve as a beacon of hope for others.

Let us take this time in history as an opportunity to deepen our faith and renew our commitment to Christ. By walking boldly in faith, we honor God and demonstrate His love to a world in need.

As you move forward, consider adopting these prayer suggestions:

1. Pray for a deeper understanding of God's Word and its application in your life.
2. Ask for discernment to focus on Jesus rather than the negativity around you.
3. Seek opportunities to encourage others and be part of the solution.
4. Commit Scripture to memory as a tool for overcoming doubt, fear, and worry.
5. Visualize God's greatness and trust in His ability to handle any situation.
6. Pray for strength to walk by faith, not by sight.

In closing, let us hold fast to the truth that God is greater than any challenge we face. As **Mark 5:36** reminds us: "Do not be seized with alarm and struck with fear; only keep on believing."

With unwavering faith in Christ, we can **overcome** any obstacle and live **victoriously** for His glory.

[Click here.](#) Original sources.

[Click here.](#) Use the shield of faith! Your protection!

[Click here.](#) Five R's Session 2 Part 4 Build your memory verse arsenal

